



Whitecourt Central School

PCSS School Council Meeting – 19:00hrs September 24, 2019

MINUTES

	Agenda Item	Minutes	Attachments
1	Call to Order	7:00pm	Attendance Sheet
2	Adoption of Agenda	Agenda adopted by Jenny Dickson	
3	Reports a. Trustee b. Principal c. Teachers d. Mental Health e. Treasurer	Per attached reports. - Trustee Barb Maddigan was unable to attend, however written report was provided in her absence. - Treasurer's report will be provided at October meeting. Closing balance from May 30, 2019 was \$14089.70	a. Trustee Report b. Principal Report c. Teachers Report d. Mental Health Report
4	Committee Reports a. Milk Program b. Hot Lunch c. Soup	- Milk orders have gone home, not yet due back. - Thursday September 26 will be hot dogs for hot lunch. October 24 will be DQ for hot lunch. - Thank you to Petra Kauffman for coordinating the soup program in previous years, she no longer has children at Central School, therefore a new soup program coordinator is required. Potential option to prepare soups the evening before rather than during the day. (no motion or decision on this item, will be brought forward to October meeting).	
5	Elections a. Chair b. Vice Chair c. Treasurer	Election results: Chair – Tammy Petrinchuk Vice Chair – Cassie Horan	



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	d. Secretary	Treasurer – Rachelle Switzer Secretary – Shereen Trenchard	
6	School Council Activities	<ul style="list-style-type: none">- Motion passed to approve PCSS paying for ice cream for teachers during October 11 Professional Development day (Dr. Jody Carrington is guest speaker).- Motion passed to approve the Gideon society providing New Testament Bible information to grade 5 students (parental permission for each child is still required).- Action item: Tammy P to figure out remind for parent helpers @pcssce- Haunted House: set up Oct 29, Oct 30 actual haunted house, volunteers get lunch. Tammy P will send remind.	
7	Parent Questions	None voiced.	
8	Next Meeting	Next meeting dates: 7pm October 15, November 19, January 14, February 11, March 10, April 14, May 12, June 9	
9	Adjournment	7:59pm	



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EPIC Society Meeting – (follows PCSS meeting) September 24, 2019

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1	Call to Order	7:59pm	Attendance Sheet
2	Adoption of Agenda	Jenny Dickson	
	Elections a. Chair b. Vice Chair c. Treasurer d. Secretary	Election results: Chair – Tammy Petrinchuk Vice Chair – Cassie Horan Treasurer – Rachelle Switzer Secretary – Shereen Trenchard	
5	EPIC Fundraisers	- Fundraisers are yet to be determined - Audit for new raffle; all council to provide Jenny with contact info.	
6	Next Meeting	Directly follows PCSS meeting: October 15, November 19, January 14, February 11, March 10, April 14, May 12, June 9	
7	Adjournment	8:04pm	

Trustee Report – Whitecourt Central School – September 24, 2019

Linda Wigton linda.wigton@ngps.ca (780-706-4345)

Barb Maddigan barb.maddigan@ngps.ca (780-262-1013)

New Secretary-Treasurer: New NGPS Secretary-Treasurer Tamara Spong joined Trustees at their first Board Meeting of the 2019-20 school year. Ms. Spong comes to NGPS with extensive senior level financial management and leadership experience.

Locally Developed Courses: The Board approved the Division's use of three locally-developed courses:

- Fantasy Science Fiction 15 from Aspen View Public School Division;
- Production Field Operations 15 from Calgary Roman Catholic Separate School District;
- Nakoda/Nakota Language and Culture 15/25/35 from the Alexis Nakota Sioux Nation.

Change to Board Meeting Times: Effective immediately, Board Meetings will commence at 1:00 pm at the Division Office in Whitecourt.

Presentations to the Board: David Quick and Debbie Vance shared a review of Summer Boot Camp 2019; Transportation Director Rhett Czaban gave a report on this year's start up.

Student Enrolment: Preliminary enrolment numbers as of September 13/19 have a total of 4813 FTE students attending NGPS schools. This is up from 4739.5 FTE students on September 30/18, as well as up from principal projections of 4547.

Meeting with the Minister of Education: Minister Adriana LaGrange will meet with the NGPS Board of Trustees on Monday October 7th. She will be touring both Hilltop High School and Percy Baxter Middle School.

Alberta School Council Association AGM, Edmonton, April 24-26, 2020: The School Division will pay for a member of your School Council to attend the ASCA AGM once every 4 years. Should you not wish to attend, your council can send their proxy votes in with another school council representative from any NGPS school.



➤ Start Up/Enrolment

- Projected 378
- Current 397
- # of classes
- new Gr 5 teacher
- transfer site - transportation

➤ Programming

- Sept - Fountas and Pinnell, HLATs and MIPI
- programming then reflects the results
- differentiation in class for not yet/approaching as well as excelling students

Reading Test
writing assessment: gr. 2 → 12
Math assessment.

1 Markes uploaded into PowerSchool

➤ Professional Development Day

- Oct 11th
- Dr. Jody Carrington
- Would our School Council sponsor ice cream?

➤ Resiliency

- every 3 months so teachers and support staff can spend time with the students discussing the concepts with the theme

➤ Gideon Presentation

- October
- Non-denominational
- permission slip as it is parent choice
- In favour?

from Banhead, contacts school to request to do a presentation.



School Council - September 24, 2019
Teacher Report

- **Remind** - Unfortunately due to the increased costs of REMIND we will no longer be using this service as a school. Individual teachers may still use for their classes. We will continue to communicate through:
 - Facebook *would cost \$1600/year*
 - Twitter
 - Newsletters
 - School Website (Google Calendar) *will be updated regularly*
 - School Messenger - voice messages to all households
- **Eagles of the Month** - will receive a Pizza Lunch with Admin and a certificate for the 2019-2020 school year
- **Resiliency Theme for Term 1** - Reality Ride
 - Key Concept - Each decision we make has a consequence. The decisions we make today directly affect the future.
- **Breakfast Program** - we are thankful for the parents and local businesses that have come forward to make this program a success. This year we have volunteers from:
 - Various parents
 - ATB
 - RBC
 - Servus Credit Union
 - Pembina Pipelines
 - Rotary Club of Whitecourt
 - Total Oilfield*Open to having other companies or groups do breakfast club.*

Upcoming Dates

- September 26 - Hot Dog Hot Lunch
- September 27 - Recognition Assembly @ 9:30am - Orange Shirt Day
- October 11 - PD Day - Most NGPS Schools will be joining us to hear Dr. Jody Carrington
- October 8 and 15 - Pizza Lunch Days
- October 14 - No School
- October 18 - School Photos
- October 31 - Recognition Assembly @ 1:00pm *Halloween*

Mental Health Capacity Building (MHCB)

The Mental Health Capacity Building (MHCB) in Schools Initiative works to promote positive mental health in children, youth, families and support individuals in the community who interact with children and youth. The MHCB initiative is based on research and best practice literature that demonstrates that mental and emotional wellbeing can be developed, nurtured and supported through promotion and prevention efforts.

MHCB provides the staffing and support required to implement an integrated, school-based community mental health promotion and prevention program, and works with community partners to facilitate access to early intervention and treatment services for those who require it. The programs are locally planned, coordinated and implemented through collaboration with Alberta Health Services zone operations and existing partnerships, school jurisdictions, parents, community agencies and other regional service providers.

MHCB Mission

To promote positive mental health in children, youth, families and individuals in the community who interact with children and youth.

Objectives

To promote positive mental health in children, youth, families and communities by raising awareness, increasing knowledge, building personal skills (such as self-care and self-regulation techniques), developing interpersonal skills and fostering positive community norms (such as support networks, physical and psychological safety).

To intervene early by facilitating access to early intervention and treatment services for children, youth, parents and/or caregivers who are at greatest risk of (or are currently experiencing) addiction and mental health issues. (This includes the use of screening as indicated by AHS).

Improve knowledge of and access to effective and innovative services across the mental health continuum through community collaborative networks with schools, health supports, and community agencies to coordinate and streamline existing services (while identifying and advocating for unmet needs).

Programs:

- **Breakfast Club Yoga**- Meets 8:00 a.m. - 9:00 a.m. Monday to Friday to start the day off right!
- **Active Eagles**- grade 5 volunteers lead classes in physical activity, encouraging positive mentorship.
- **The Lego Club**- lunch club where students are able to build structures using Lego.
- **Yoga and Mindfulness**- This program teaches children to feel grounded and centered through yoga postures, relaxation techniques and breathing exercises.
- **Lunch Bunch**- Students can schedule lunch dates with Mrs. Skipper for meaningful conversation and emotional support.
- **PLCs**- Universal programming (every class) that educates on positive mental health. This year, we are focusing on building resiliency through the Why Try program during this time.
- **Zones of Regulation** – Curriculum to foster self-regulation and emotional control.
- **Radio host** – Monthly radio interview with a central student to update the community on events
- **Tennille's Hope** - Mrs. Skipper will be taking grade 5 volunteers to help out at the soup kitchen weekly.
- **Ronald's Readers** – Mentorship and reading program in partnership with McDonalds and Percy Baxter School.
- **Grade 5 transition** - Mrs. Wright comes for weekly visits to grade 5 to deliver mental health messages
- **Apple Dumpling Literacy Project**- Collaboration with Rotary Club to run an anti-bullying campaign (four-way test).
- **Promoting Alternative Thinking Strategies (PATHS)** - program that encompasses problem solving skills, emotional regulation, positive choices, and much more.

We can refer to the following agencies:

- Alberta Health Services – Mental Health
- Canniff and Associates
- FCLP
- Jumpstart/Kids Sport
- Alberta Health Services - Addictions
- Wellspring
- Healthy Families Healthy Futures
- Children Family Services Agency (CFSA)
- Private Therapy
- Boys and Girls Club
- Food Bank



Red Zone/Green Zone/Yellow Zone

Our targeted groups will be geared towards yellow zone children meaning students who are not coded but need mental health support (eg. Anxious, crying, going through family stuff). Red Zone students typically have EA support and are welcome in universal programming or programming with EA support. Green zone students will be reached with universal programming.

**Any concerns or questions please contact:

Tanya Smithson (coach)
tanya.smithson@ngps.ca

or

Teagan Kubelka (program manager)
teagan.arnott@ngps.ca
(780) 262-0466

PATHS : all grades .
H-way test : problem solving bully prevention program . gr. 3.

